

GBFN Shopping List

If you'd like to make a food donation to Georgian Bay Food Network, print out this shopping list of items we need most for your next trip to the grocery store. Thanks!

School snacks

Granola bars, crackers, pudding cups, applesauce, juice boxes

Canned foods

Vegetables: peas, carrots, green beans, corn, tomatoes, mixed vegetables

Fruit: peaches, pears, mixed fruits

Meat and fish: ham, turkey, chicken, tuna, salmon

Soups: hearty/chunky, chicken noodle, vegetable

Staples

Pasta and sauces, rice, cereal, peanut butter, jam, pancake mix, condiments

Household

Paper towels, toilet paper, laundry detergent, dish soap, cleaning products

Personal

Toothpaste, bath/hand soap, hygiene products

